

Important Dates for Current Cheerleaders and Cheerleaders for 2006-2007

April 24, 2005 7:00PM Miramonte Cafeteria Mandatory Parent and Spirit Leader Meeting for all families. This meeting is for all applicants to the program AND existing cheerleaders who are trying out for next year's program.

April 25 – 28th —Try outs after school (see schedule for details) Miramonte High School small gym/cafeteria. Bring completed forms listed in Handbook Contents cover page.

April 29th: Try-out results posted at Miramonte High School Administration office and online at the website.(please do not call the coach or advisor for the results)

May 1st Mandatory first parent meeting for parents of all cheerleaders for 2006-2007 school year. 1st payment due

May 2nd Uniform fitting.—see payment schedule---Parent must attend uniform fitting with student.

May 2nd first practice for 2006-2007 school year. Practice every Tu/Th 3:30-5:30PM—See Handbook for further information and dates.

June 1st Second payment due.

June 2nd introduction rally

June 3rd Dance show fundraiser held at Miramonte Theater

June 15th final payment due

July 17th – August 1st Practice Monday – Friday afternoons time TBD-Mandatory

August 2nd – August 6th USA Camp trip at UC Irvine --Mandatory

Medical Treatment Authorization and Liability Release

I, the under signed parent or guardian, do hereby grant permission for my daughter/son, _____, to participate in the activity of cheerleading at Miramonte High School. In order that my daughter/son may receive the necessary medical treatment in the event she/he may sustain injury or illness during participation in this activity, I hereby authorize the cheerleading coach or their supervising adult to obtain medical treatment for my daughter/son for such injury or illness during the activity, and hereby hold Acalanes School District, Miramonte High School and its representatives harmless in the exercise of authority.

I understand that this activity involves risk to the participant. I further acknowledge and understand that due to the nature of this activity, which involves inversion and rotation of the body, there is a possibility that my daughter/son may sustain physical illness or injury (minimal, serious, or catastrophic), in connection with her or his participation. I further acknowledge and understand that my daughter/son is assuming the risk of such physical illness or injury by her/his participation, and I further release Acalanes School District, Miramonte High School and its representatives from any claims for personal illness or injury that my daughter/son may sustain during participation in this activity.

I further understand that Miramonte High School has established rules and regulations pertaining to conduct, behavior, and activities of all students and cheerleading participants, by which my daughter/son must be able during participation in this activity, and that my daughter/son and I will be responsible for her/his failure to abide by those rules and regulations.

My daughter/son and I have read and understood the above Medical Treatment Authorization and Liability Release.

Signature of Parent or Guardian if Participant Under 18

Date

Participant's Signature

Date

**Miramonte Dance & Cheer Tryouts 2006 – 2007
Registration and Permission Form**

Please Print or Type:

Student Name _____ Age _____

Email _____

Address _____

City _____ Zip _____

Phone _____ Cellular _____ Work _____

School Attending Presently _____

Grade 2006-2007 _____

Parent / Guardian _____

Phone _____ Cellular _____ Work _____

Other _____

Squad Choice: (circle one)

8th grade – Freshman only

9th grade – JV only

10th grade - pick JV or Varsity

11th grade - Varsity only

Junior applicants auditioning for Varsity: Please choose and sign below

____ If I do not make the Varsity squad I would like to be considered for the JV squad.

____ If I do not make the Varsity squad I am not interested in a position on the JV squad.

A) Student Signature

Parent Signature

Date _____

B)

C) Getting to know you:

Do you play a sport? _____ Name of sport _____

Are you thinking about playing a sport next year? _____

Please list other activities involved in (student council, clubs, choir, drama, etc.) _____

Activities involved in outside school (dance, gymnastics, work, etc.) _____

D) Mandatory Dates

Spring practice starting May 2nd until early June 1st

Spring Rallies introduction June 2nd

June 3rd dance show work backstage to earn money for uniforms.

July 4th Orinda Parade (if in town must come to perform in parade)

Summer practice starts July 17th Monday – Friday afternoons, 3:00 – 5:00pm

USA Cheer and Dance Camp trip August 2nd- 6th UC Irvine

Cheer Practices Tuesday and Thursday after school, until the end of basketball season in March 2006. (We do break during school vacations and finals)

Football games usually (Thursday or Friday) conference finals TBD

Basketball games usually (Tuesday and Friday) conference finals TBD

All Rallies

Spirit games TBD

Please list below all known or possible conflicts with above schedule:

Parent/Guardian permission:

I understand that my child named above will be attending the cheer & dance tryouts at Miramonte High School April 24-28 (JV & Varsity) or May 9-12 (Freshman). I understand that there are risks involved in any dance or cheer activity and I will not hold Miramonte High School or any of its personnel responsible in case of accident or injury at any time during the practices or tryout activity.

If my child makes it on to one of the squads and accepts her position, I am 100% committed to her attendance at practices from July 17-21, July 24-29, July 31-Aug 1 & to USA Spirit away camp at UC Irvine Aug 2–6, 2006 and understand that this is a mandatory requirement to be on any of the squads.

Parent / Guardian Signature

Student Participation Agreement:

I understand the participation requirements for the school year and agree to uphold the standards of behavior in representing Miramonte High School.

I will attend all summer practices July 17-21, July 24-28 and July 31-Aug 1 and away camp at UC Irvine from August 2-6, 2006.

Student Signature